

ALASKA CHRISTIAN RETREAT CENTER

LIES OF SHAME

"I'm not good enough"
 "I'm unlovable"
 "I'm worthless"
 "I'll never measure up"

- ✓ Learn to Identify the Lies of Shame
- ✓ Deepen Your Relationships
- ✓ Gain Tools that Promote Authentic Living

WHEN: August 27-29, 2020

WHERE: Sterling, AK

Alaska Christian Retreat Center
 37925 Deville Road

WHO: Individuals ages 14+

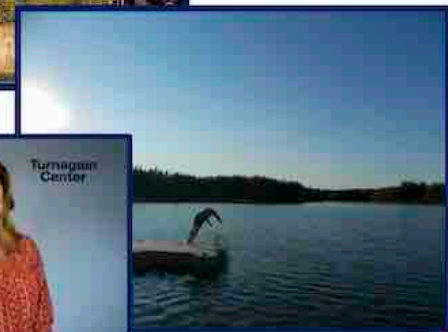
Professionals & Natural helpers
 Discover how Shame impacts your relationships & *Experience what a healthy relationships is!* Professional & Natural Helpers learn how to provide a shame free Environment to help others heal.

COST*: \$399

*Price includes training, meals, and lodging.

ENJOY BOTH

RELATIONAL AND PHYSICAL
 WELLNESS ACTIVITIES



Brought to you by



In partnership with Soldotna Church of God

REGISTER ONLINE:
www.authenticrelationshipsint.com