



**A 12 Session  
Small Group  
Series**

# Pursuing

**the hidden heart**

*An Experiential Small Group Series*

**EXPLORING THE ROOTS OF  
SHAME AND THE IMPACT  
IT HAS ON BEHAVIOR**

**WHERE:** Cornerstone Clinic Counseling  
1805 Academy Drive, Anchorage, AK

**WHO:** Individuals ages 15+ who desire an  
alternative approach to their recovery  
and relational healing journey.

**WHEN:** Sept 5th – Oct 26, 2019  
Thursdays, 6:00 p.m. – 8:30 p.m.  
*Times may vary, see website for exact dates and times\**

**COST:** \$375.00



*\*Visit website for specific dates and times of this  
small group series and to inquire further.*

[www.authenticrelationshipsint.com](http://www.authenticrelationshipsint.com)

*or Contact Gene McConnell*

**907-952-0438**

**Don't Miss This  
SMALL GROUP  
OPPORTUNITY!**

**Do you still struggle  
with believing ...**

*"I'm not good enough"  
"I'm defective"  
"I'm unlovable"  
"I'm invisible"  
"I'll never measure up"*

**Maybe it's time to  
take a different  
approach in  
conquering the pain  
and struggles  
you carry.**

Join us for a 12 session  
small group series that will  
allow you to explore the  
roots of your shame  
messages and behaviors  
while learning to live life  
differently and more  
authentically.